

ADULT HELMET SIZING

| | INCH MEASUREMENT | CM MEASUREMENT | HAT SIZE |
|-------------|---|----------------|---|
| EXTRA SMALL | 20 ⁵ / ₈ " – 21" | 53 – 54 | 6 ³ / ₄ – 6 ⁷ / ₈ |
| SMALL | 21 ⁵ / ₈ " – 22" | 55 – 56 | 6 ⁷ / ₈ – 7 |
| MEDIUM | 22 ¹ / ₄ " – 22 ³ / ₄ " | 57 – 58 | 7 ¹ / ₈ – 7 ¹ / ₄ |
| LARGE | 23 ¹ / ₄ " – 23 ⁵ / ₈ " | 59 – 60 | 7 ³ / ₈ – 7 ¹ / ₂ |
| EXTRA LARGE | 24" – 24 ¹ / ₂ " | 61 – 62 | 7 ⁵ / ₈ – 7 ³ / ₄ |
| XXL | 25" – 25 ³ / ₈ " | 63 – 64 | 7 ⁷ / ₈ – 8 |

