

helmet	size	measurement	metric
XS	6-5/8 to 6-3/4	20-7/8 to 21-1/4	53 to 54
S	6-7/8 to 7	21-5/8 to 22	55 to 56
M	7-1/8 to 7-1/4	22-3/8 to 22-3/4	57 to 58
L	7-3/8 to 7-1/2	23-1/8 to 23-1/2	59 to 60
XL	7-5/8 to 7-3/4	23-7/8 to 24-1/4	61 to 62
2XL	7-7/8 to 8	24-3/4 to 25-1/8	63 to 64